

## **Crestwood Chronicle**

April 2020

I thought I would start this issue with the most important subject of the decade so far. This information is not meant to replace your healthcare professional's advice and is only meant as additional information about this pandemic with suggestions as to things you can do that might help reduce the spread of the coronavirus.

Coronavirus or just a cold?

If you have a sore throat, a cough, or flu symptoms you may be starting to wonder if you have the dreaded Coronavirus. This is a legitimate fear as this virus spreads to every corner of our state, our country, and our planet.

The Coronavirus presents itself as a mild to severe respiratory illness with fever, cough and difficulty breathing. Contact your physician if you are really concerned and remember to stay at home if you are sick. Actually, stay at home if you are well too.

We are all hearing about what to do and how to do it in order to stay safe and healthy. The fact is that everyone should be following the recommendations being given to us by our government agencies and officials.

One thing that everyone should be doing is staying home and away from other people. Social distancing is an important tool in stopping the spread of this virus. Don't get within 6 feet of anyone if you have to go out. People spread this virus by sneezing, coughing, and touching things that are then contagious. It doesn't take a rocket scientist to understand that staying home is one of the precautions that everyone should be taking. It is important to curb the spread of this

nasty virus. Do everything you can to help stop the spread and keep your family safe and healthy.

Some useful guidelines-

Stay at home and don't socialize in person.

Keep your kids home. Make sure they understand to stay away from other people when they go outside.

Wash your hands frequently.

Make your kids wash their hands correctly and frequently.

Disinfect everything in your home.

Stay at home and don't socialize in person.

Wear disposable gloves to get your mail or packages out of the box and then don't touch it for four days. They say the virus should only live three days, but give it an extra day to be safe. If you must open it, wear the disposable gloves the entire time you are reading it. Immediately throw away junk mail without opening it.

Stay at home and don't socialize in person.

This is certainly not the entire list of things you need to do to stay safe and help stop the spread of the coronavirus but it is a good start.

It is no mistake that I put “stay at home” on the list so many times. If you clean and disinfect your home and don’t go anywhere, it will be much more difficult to catch the virus. The minute you go out and touch anything that others have touched you are at ground zero again.

We all love our neighbors, but this is not the time to have large yard parties or large barbeques. Check on your parents and neighbors by phone; you can’t catch or spread the virus from talking over the phone.

I have talked to a couple of people who acted like this virus was no big deal. Nothing could be further from the truth. This virus is a serious pandemic that has already killed over 3,000 people in the US. Don’t risk your life or the life of your family members by ignoring the recommendations given to us by our officials. Yes, it will be difficult on all of us and even for our children but we absolutely, positively, must take this virus seriously. Treat it like your life depends on it. It just might.

## **Kids’ Corner**

Since there are so many kids at home because of the coronavirus, I thought I would recommend a TV program or two that might help educate and entertain. I subscribe to DISH TV, which I love, so channel numbers may not be the same if you have another provider.

My first recommendation is on The Science Channel (channel 193) and the program is “How The Universe Works”. This program talks about the universe and everything in it. The program is done in such a manner that it is easily understood, even for kids. It is available through the “On Demand” section if you want to record a lot of the episodes for playback at a later time.

Another program from The Science Channel is “How It’s Made.” As the name implies, it shows how things are made from beginning to end. Some of the episodes are very interesting and this program is also available “On Demand.”

If your kids don’t want to take a nap are they guilty of resisting a rest? <smile>

I also recommend the NASA channel which is channel 286. This channel has programs where they talk about upcoming launches and even interviews with astronauts. When there are no programs scheduled there is usually what is called “Earthview” which is live video of our planet from the International Space Station (ISS.)

Did you know that our planet has had the ISS manned full time for over 20 years? It just proves that when mankind decides to put away all of the stupid differences and work together, there is nothing we can’t do.

In less than 5 years mankind will put a permanent settlement on the moon where scientists and astronauts will work side by side. Then, within a decade from that time Man will walk on the surface of Mars for the first time ever. What exciting times mankind will have as we truly become an Interplanetary species. I wonder how long it will take Macdonald’s to put up the first space based fast food restaurant? Just think of it, you could order a Jupiter Burger with a side of Nova fries and then upgrade it to Super Nova size. LOL!

## **Music Trivia**

I’ve just written a song about tortillas; actually, it’s more of a rap. <smile>

Congratulations to our March music trivia contest winner. Henry Vicknair was the first with the correct answer. The answer to the question was “Nazz” which was Todd Rundgrund’s earlier band. That band was the first to release “Hello Its Me”.

Great job Henry! I apologize for changing the prize at the last minute but instead of a \$10 Wal-Mart gift card you will be receiving a \$10 bill in the mail. My wife and I are trying to avoid going to stores as much as possible right now.

The prize for the first correct answer will be a \$10 bill for the near future. No point in risking exposure at Wal-Mart.

This month we have another interesting question that many of you may know but maybe not...

Which member of The Beatles was stabbed in the chest? If you know the answer, make sure to e-mail the answer to [crestwoodchronicle@gmail.com](mailto:crestwoodchronicle@gmail.com). Don’t do a reply to this e-mail as it will not get to me. Start a brand new e-mail and send your answer that way.

In 1964, John Lennon was asked by a reporter how he thought he was going to die. John Lennon responded that he would probably be shot in the chest by some nut case. Talk about strange...

### **Homeowners Association Business**

As you know the Homeowners Association hired a company, Renaissance Property Management, help manage the association’s duties and to help make sure neighborhood restrictions are followed. The goal of this management company is to protect our property values. Our homes are one of the largest investments we will make and protecting their value is critical. The following chart shows a list of violations that were found during their March inspection:

## **Covenant Restriction Violation Activity by Category**

**From 03/02/2020 to 03/30/2020**

### **Violation Category**

Boats, Trailers, Recreational Vehicles	3
Mailbox Repair/Cleaning Required	18
Lawn Maintenance Required	2
Mailbox Numbers Needed	5
Parking in Yard	1
Property Maintenance Required	15
Remove Item Not Approved by ACC	1
Trash Containers	0
Unauthorized Yard Signs	1
Watch	6
<b>TOTAL</b>	<b>53</b>

If you have any questions about this information, you may contact our Renaissance Property Management representative, Stacy Johnston. Her phone number is 985.326-7158. Her email is [stacy@renmgt.com](mailto:stacy@renmgt.com).

Until the next issue, stay safe and stay healthy.